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Italian Ingredients: garlic;
yellow onions; tomatoes;
canned tomatoes; dry white
wine; chicken stock;
parsley; marjoram; rosemary;
milk; Parmesan cheese;
baccala; polenta

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While the chicken is baking,
prepare the sauce. Discard

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the oil in the frying pan
and heat the pan again. Add
the butter, shallots, and
mushrooms and saute until
the shallots are clear. Add
the...

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Feast: Past, Present, and
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2 cups dry red wine (the
alcohol will cook out) 1/4
cup olive oil 2 yellow

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onions, peeled and minced 6
large garlic cloves, chopped
2 ribs celery with leaves,
minced 1 large carrot,
grated 1/2 cup parsley,
chopped 1/2 pound fresh
mushrooms, chopped
(optional) 1/2 teaspoon

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crushed red pepper flakes or
to taste 1 tablespoon
crushed oregano

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Place all dry ingredients in
mixing bowl and combine. Add
liquids and mix until
smooth. Place in a greased

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8x12 inch pan and bake in
hot . . .

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Cook over med. heat until
the vegetables are soft. Add
the rest of the ingredients

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and bring to a slow boil. And
Turn down to simmer and let
it cook for at least two
hours. Stir occasionally. We
like ours thick so sometimes
I simmer it for three hours.
Be sure to take out the bay
leaves before serving. Great

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cast their spell over the
American visitor. Jeff shows
us, once again, that food is
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- it's history and something
we each invariably take part
in whenever we sit down at
table. So, mangia, with the

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